

Physical Education (PHED)

The Department of Physical Education does not offer a major or minor. However, all students are required to complete two PHED courses as part of the fulfillment of the general education requirements necessary for graduation. All new first-year college students will enroll in a PHED course during the initial fall semester of matriculation. The remaining course may be completed during Interim or any other Spring semester prior to graduation. *Students are NOT permitted to earn more than two credit hours in Physical Education.*

The only course that may be repeated for credit is PHED 102 Fitness - as long as the activity of focus is different for each course.

The faculty members associated with the Department of Physical Education typically serve on the Athletics or Student Affairs staff in addition to teaching Physical Education.

Chair

Mark D. Line

PHED 102. Fitness. 1 Hour.

PHED 103. Tennis. 1 Hour.

PHED 104. Racquetball. 1 Hour.

PHED 105. Softball. 1 Hour.

PHED 106. Karate. 1 Hour.

PHED 107. Dance. 1 Hour.

PHED 108. Special Activities. 1 Hour.

PHED 109. Team Sports. 1 Hour.

PHED 110. Beginning Whitewater Kayaking. 1 Hour.

This course offers basic instruction in the skills of whitewater kayaking, along with information about where best to engage in self-propelled recreational water sports. There will be both class room and river sessions.